

Site-specific Fall Protection Plan

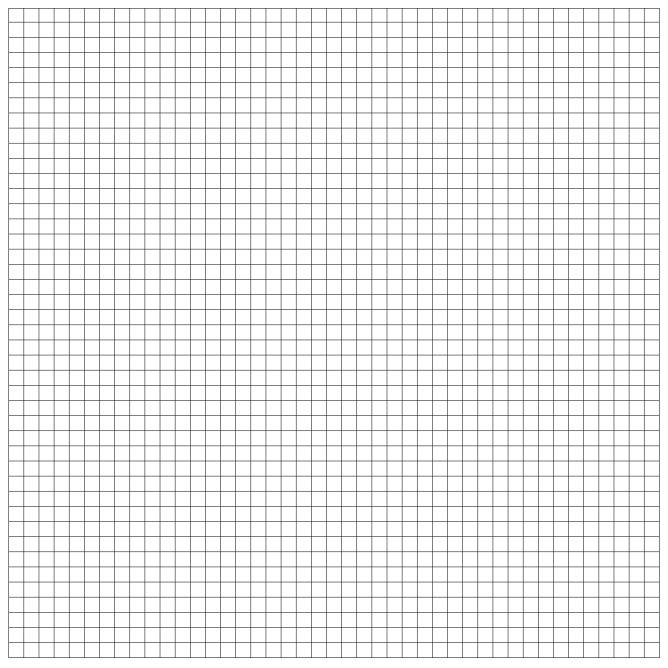
Planning plays a key role in protecting workers from fall hazards. This fall protection plan template can assist the planning process. Supervisors should ensure that fall protection plans are designed to address site-specific conditions and comply with Federal and State Regulations.

Job Title			Start date:					
Building		Work Orde	Work Order					
Work area:								
Tasks:								
Site-specific Fall Hazards (see diagram on page 2 for more details)								
Max. height - Task 1:	Max. height	- Task 2:	Max. height	(other):				
Roof slope(s), if applicable:								
Proximity to high voltage power lines - (MAD):								
Ground hazards:								
Other/comments:								
Type of Fall Protection You Will Use (see definitions on page 3)								
Fall restraint	Fall arres	st	Aerial li	ft/Mobile Platform				
		Equipment Inspection						
		Condition /	Comment					
Equipment Inspection		Condition /	Comment					
Equipment Inspection Item		Condition /	Comment					
Equipment Inspection Item Full body harness		Condition /	Comment					
Equipment Inspection Item Full body harness Vertical lifelines		Condition /	Comment					
Equipment Inspection Item Full body harness Vertical lifelines Lanyards		Condition /	Comment					
Equipment Inspection Item Full body harness Vertical lifelines Lanyards Rope grabs		Condition /	Comment					
Equipment Inspection Item Full body harness Vertical lifelines Lanyards Rope grabs Anchors		Condition /	Comment					

Prior to Accessing the Work Location

Checklist	Comments
Competent Person Onsite	
Personal Protective Equipment (PPE)	
Job Briefing Conducted	
Rescue Process - Identified	
Electric Shock Protocol - Reviewed	
Grounding Protocol - Reviewed	

Site Diagram (include anchor locations):



Ladder / Scaffolding Setup:	
Set up on a firm, level base	Ladder - Extends approx. (3 feet) past edge of roof
Scaffolding set-up IAW Manufacturer's Recommendation	Scaffold - Secured / Inspected / Signed off by QP
Fall Protection System Special Assembly Procedures:	
Rescue Procedures for a Fallen Worker:	
Fall Protection Definitions:	
 Fall restraint means a system to prevent a worker from falling from a wo fall. 	ork position, or from traveling to an unguarded edge from which they could
Fall arrest means a system that will stop a worker's fall before they hit the state of the	
 Guardrail means a guard consisting of a top rail, approximately 42 in. al mid-point of the space between the underside of the top rail and the floor 	pove the floor level, and an intermediate rail centered at approximately the revel or upper edge of the toe-board if one is fitted.
Notes:	
Notes.	

Worker Sign-off

I acknowledge that I have reviewed the fall protection requirements and procedures for this site with my supervisor and understand my responsibilities, specifically the requirement to use personal fall protection.

Name (please print)	Signature	Company
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11		
12.		
13.		
14.		
15.		
Supervisor name:	Supervisor signature:	Date: